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Professor, Department of Psychology

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**Academic Qualifications:** MA, MPhil, PhD

**Specialization:** Organizational Behavior, Research Methodology & Statistics, Career Psychology.

### Positions held

- Dean, Faculty of Science, Technology and Education, Sree Sankaracharya University of Sanskrit, Kalady, Kerala (14.11.2021 – 13.11.23).
- Chair holder, UNESCO Chair for Community Disability Management and Rehabilitation Studies (CDMRS), Department of Psychology, University of Calicut.
- Senate Member, University of Calicut, (2021-2022).
- Head, Department of Psychology, University of Calicut (2010 – 2012, 2016- 2018, 2020-2022).
- Director, Community Disability Management and Rehabilitation Programme (CDMRP)
- Director, Directorate of Self Financing Courses, University of Calicut (2013-2014, 2015 – 2017).
- Subject Expert, Screening Committee for the promotion of teachers in Psychology, M. G. University, Kottayam, and University of Kerala.
- Subject Expert, Screening Committee for the promotion of teachers in Psychology, University of Kerala, Trivandrum.
- Chairman, P. G. Board of Studies in Clinical Psychology, University of Calicut (2017 – 2020, 2020 - 2023).
- Chairman, Board of Studies in Psychology (Combined), Mahatma Gandhi University, Kottayam (2018 – 2021).
- Member, P.G. Board of Studies, University of Calicut (2009 onwards).
- Member, P.G. Board of Studies, University of Kerala (2017 - 2020).
- Member, P.G. Board of Studies, Sree Sankaracharya University of Sanskrit, Kalady
- Member, Combined Board of Studies in Psychology, Kannur University, Kannur (2018-2020).
- Member, Board of Studies, Barathiar University Coimbatore, Tamil Nadu. (2018- ).
- Member, U.G. Board of Studies, University of Calicut.
- Member, Faculty of Science, University of Calicut.
- Member, Academic Council, University of Calicut.
- Member, Planning Board, University of Calicut

- Member, Research Council, University of Calicut
- Member, Academic Council, MES College (Autonomous), Malapuram, Kerala.
- Member, Academic Council, Vimala College (Autonomous), Trichur, Kerala.
- Member, U. G. Board of Studies in Psychology, Vimala College (Autonomous), Trichur, Kerala
- Member, U. G. Board of Studies in Psychology, St. Theresa's College (Autonomous), Ernakulam, Kerala.
- Member, U. G. Board of Studies in Psychology, Farook College (Autonomous), Calicut.
- Adjudicator, Examiner, different Universities..
- Member, Doctoral Committee, Department for Physical Education, University of Calicut.
- Resource Person, ASC University of Calicut.

### Membership in Professional Bodies

1. Member, Indian Academic Researchers Association (IARA)
2. Member, Community Psychology Association of India
3. Member, Society of Psychologists for Social Action (SPSA)
4. Member, OISCA International.

### Research Papers Published

89. Sharu, P. J., & **Manikandan, K.** (2022). Socio-Demographic Factors in Work Engagement: A Study Among Upper Primary School Teacher, *The International Journal of Indian Psychology*, 10(4), 2184-2189. ISSN: 2349-3429(p).
88. Akshya Dinarajan, D., & **Manikandan, K.** (2022). Intolerance of Uncertainty and Emotional Intelligence as predictors of Career Decision Self-efficacy among unemployed adults, *The International Journal of Indian Psychology*, 10(3), 110-121. ISSN: 2349-3429(p).
87. Naila, P., & **Manikandan, K.** (2022). Influence of Self-efficacy and Career Maturity on Career Adaptability among Students of Kerala, *JAC: A Journal of Composition Theory*, 15(8), 148-156. ISSN: 0731-6755.
86. Kavary, B. J., & **Manikandan, K.** (2022). Predictors of Psychological Distress among old aged. *Innovare Journal of Education*, 10 (3), 24-33, ISSN: 2347-5528.
85. Uma, K., & **Manikandan, K.** (2021). Influence of Self-Esteem, Locus of Control and Parenting Styles on Coping Styles of Students, *International Journal of Science and Research (IJSR)*, 10(12), 321- 326. ISSN: 2319-7064
84. Sarath, P., & **Manikandan, K.** (2021). Influence of experience, organizational culture and work engagement on Performance of the Industrial Employees, *International Journal of Academic Research and Development*, 6(4), 53-56. ISSN: 2455-4197.
83. Greeshma, K., & **Manikandan, K.** (2021). Affiliate Stigma of Mothers of Differently-Abled Children: An Exploration, *The International Journal of Indian Psychology*, 9 (3), 84-90. ISSN 2348-5396
82. Deepa Mary Thomas., & **Manikandan, K.** (2021). Influence of Self-efficacy and select Demographic variables on Psychological distress of married women, *International Journal of Psychological Research (IJEPR)*, 10(1), 31 – 34, e-ISSN: 2279-0179.

81. Arya Nair., & **Manikandan, K.** (2020). Risk taking behavior of Indian Army officers, *CLIO, An Interdisciplinary Journal*, 6(9), 598-617. ISSN: 0976-0975x.
80. Anu Sherin Jose., & **Manikandan, K.** (2019). Influence of Self-Efficacy, Year of Study and Sex on Grit among Medical Students. *Think India-Quarterly Journal*, 22(4), 5124-5131. ISSN: 0971-1260.
79. Sarath, P., & **Manikandan, K.** (2019). Predictors of job performance among spinning mill employees in Kerala, *Think India-Quarterly Journal*, 22(3), 1560-1574. ISSN: 0971-1260.
78. Rekha B. Raveendran, & **Manikandan, K.** (2019). Enhancing responsibility among open-school students: Development of an intervention package. *Indian Journal of Psychology & Education (IJPE)*, 9(2), 113-119, ISSN: 2231-1432.
77. Shabeeba, K. M., & **Manikandan, K.** (2019). Emotional Intelligence and Psychological Capital as Predictors of Job Performance, *ZENITH, International Journal of Multidisciplinary Research*, 9(2), 65-73. ISSN: 2231-5780.
76. Sharu P. John., & **Manikandan, K.** (2019). Employee Silence: A Meta-Analytic Review, *International Journal of Indian Psychology*, 7(1), 354-366, ISSN: 2348-5396 (e).
75. Lima Raj., & **Manikandan, K.** (2019). Human Resource Development Climate and Organizational Commitment as Predictors of Work Engagement of Nurses, *ZENITH, International Journal of Multidisciplinary Research*, 9(1), 1-14. [ISSN: 2231-5780].
74. **Manikandan, K.**, & Abijith, K. (2018). Study Engagement in relation to Academic Stress and Self-Efficacy. *Guru Journal of Behavioral and Social Sciences*, 6(2), 843 – 849. [ISSN: 2320-9038].
73. Shemila, K. V., & **Manikandan, K.** (2018). Development and Standardization of Marriage readiness Scale. *Guru Journal of Behavioral and Social Sciences*, 6(2), 813 – 823. [ISSN: 2320-9038].
72. Sujisha, T. G., & **Manikandan, K.** (2018). Development and standardization of psychological Hardiness Scale. *Guru Journal of Behavioral and Social Sciences*, 6(2), 785 – 798. [ISSN: 2320-9038].
71. Uma, K., & **Manikandan, K.** (2018). Influence of Self-Esteem, Locus of Control and Perceived Parenting Styles on Academic Stress, *International Journal of basic and applied Research*, 8(12), 644-651, [ISSN: 2278-0505 (E)].
70. Fathima Suhara, U. K., & **Manikandan, K.** (2018). Adolescent Girl Marriage In Kerala: A Psychological Exploration, *International Journal of basic and applied Research*, 8(11), 644-651, [ISSN: 2278-0505 (E)].
69. Shemila, K. V., & **Manikandan, K.** (2018). Marriage Readiness among Young Adults, *ZENITH, International Journal of Multidisciplinary Research*, 8(11), 10-20, [ISSN: 2231-5780].
68. Amritha Raj, K., & **Manikandan, K.** (2018). Childhood Experience, Social Interaction Anxiety and Difficulties in Emotional Regulations as Predictors of Psychological Wellbeing, *ZENITH, International Journal of Multidisciplinary Research*, 8(10), 283-294. [ISSN: 2231-5780].
67. Greeshma, K., & **Manikandan, K.** (2018). Caregiver Burden of mothers of disabled children: An exploration. *ZENITH, International Journal of Multidisciplinary Research*, 8(8), 201-211. [ISSN: 2231-5780].
66. **Manikandan, K.**, & Neethu, A. T. (2018). Student engagement in relation to Academic stress and Self-efficacy. *Guru Journal of Behavioral and Social Sciences*, 6(1), 775 – 784. [ISSN: 2320-9038].
65. Uma, K., & **Manikandan, K.** (2018). Improving Conversation skills using Technology based intervention among children with Autism Spectrum Disorder.

- Guru Journal of Behavioral and Social Sciences*, 6(1), 757 – 763. [ISSN: 2320-9038].
64. Amritharaj, K., & **Manikandan, K.** (2018). Influence of Interpersonal communication on marital satisfaction. *ZENITH, International Journal of Multidisciplinary Research*, 8(4), 187-199. [ISSN: 2231-5780].
63. Lima Raj & **Manikandan, K.** (2018). Influence of organizational commitment and subjective well-being on work engagement of Nurses, *International Journal of Advanced Research and Development*, 3(2), 186-192. [ISSN: 2455-4030].
62. Murukesh, I., & **Manikandan, K.** (2018). Social Identity: *Perceiving self among others. Selp Journal of Social Sciences*, 9(35), 10-16. [ISSN: 0975-9999].
61. Sarath, P., & **Manikandan, K.** (2018). Construction and Validation of Work Stress Scale in Kerala Context. *International Journal of Academic Research and Development*. 3(2), 62-66. [ISSN: 2455-4197].
60. Shilpa Ramesh, C., & **Manikandan, K.** (2018). Compassion, quality of life and perceived social support of palliative care volunteers. *ZENITH, International Journal of Multidisciplinary Research*, 8(3), 50-65. [ISSN: 2231-5780].
59. **Manikandan, K.**, & Anuraglal, K. (2017). Loneliness, Shyness and Perceived Social Support among Adolescents. *Guru Journal of Behavioral and Social Sciences*, 5(3), 716 – 724.[ISSN: 2320-9038].
58. Amruthraj, K., & **Manikandan, K.** (2017). Personality and Fabric color preferences of Girls. *Guru Journal of Behavioral and Social Sciences*, 5(2), 684 – 695. [ISSN: 2320-9038].
57. Uma, K., & **Manikandan, K.** (2017). Role of Sel-Esteem, Locus of Control and Coping in predicting Psychological wellbeing of Adolescents, *Guru Journal of behavioral and social Sciences*, 5(2), 654 – 661.[ISSN: 2320-9038].
56. Saheera, K. T., & **Manikandan, K.** (2016). Locus of Control and Psychological Wellbeing of Higher Secondary School Students. *Zenith International Journal of Multidisciplinary Research*, 6(12), 67-75, [ISSN: 2231–5780].
55. Mary Antony, P., & **Manikandan, K.** (2016). Role of Self-efficacy and Family environment in regulating Psychological Wellbeing among adolescents and adolescent male offenders undergoing trial, *Journal of Contemporary Psychological Research*, 3(2), 87 – 96. [ISSN 2349-5642].
54. Uma, K., & **Manikandan, K.** (2016). Study Engagement among College Students, *International Journal of Multidisciplinary Research*, 6(9), 56-69, [ISSN: 2231-5780].
53. Arya Nair., & **Manikandan, K.** (2016). Meaning in Life of Army Officers, *IAHRW International Journal if Social Sciences Review*, 4(1), 45-48, [ISSN: 2347-3797].
52. Sarath, P., & **Manikandan, K.** (2016). Organizational Culture and Work Stress among Bank Employees, *The International Journal of Indian Psychology*, 3(3) No.6, 14 – 20, [ISSN: 2348-5396].
51. Lima Raj & **Manikandan, K.** (2016). Subjective Wellbeing (SWB) Scale for Nurses, *Scholars World – International Refereed Multidisciplinary Journal of contemporary Research* , 4(2), 85-92. [ISSN: 2320-3145].

50. **Manikandan, K.** (2015). Construction and Standardization of Self-confidence Scale in Malayalam, *Guru Journal of Behavioral and Social Sciences*, 3(3), 441-449. [ISSN: 2320-9038].
49. Deepa Mary Thomas., **Manikandan, K.**, & Smrithi, M. (2015). Personality and Meaning in Life of University Students, *International Journal of Social Sciences and Interdisciplinary Research*, 4 (11), 132 – 138. [ISSN: 2277-3630].
48. Mary Antony, P., & **Manikandan, K.** (2015). Role of Self-efficacy and Family Environment in Regulating Psychological Well Being of Adolescents, *International Research Journal in Social Sciences*, 4(12), 8-14. [ISSN: 2319-3565].
47. Saheera, K. T., & **Manikandan, K.** (2015). Psychological Distress of Young Adults in Relation to Certain Demographic Variables, *The International Journal of Indian Psychology*, 3(1) No.6, 40 – 50. [ISSN: 2348-5396].
46. Divya, T. V., & **Manikandan, K.** (2015). The Role of Sex in the relation of Family Environment and Hostility, *Guru Journal of Behavioral and Social Sciences*, 3(2), 374=381. [ISSN: 2320-9038].
45. Sarath, P., & **Manikandan, K.** (2015). Work Engagement and Work Stress among University Employees, *Scholars World- International Refereed Multidisciplinary Journal of Contemporary Research*, 3(3), 109-116. [ISSN: 2320-3145].
44. Mary Antony, P., & **Manikandan, K.** (2015). Psychological Wellbeing and Attitude towards Sexuality among college Students, *Scholars World- International Refereed Multidisciplinary Journal of Contemporary Research*, 3(3), 133-140. [ISSN: 2320-3145].
43. Mary Antony, P., & **Manikandan, K.** (2015). Juvenile Sex Offending: Perspectives of Significant People Related to Juvenile Sex Offenders. *Zenith International Journal of Multidisciplinary Research*, 5(6), 241-247. [ISSN: 2321-5780].
42. Bayana, O. M. S., & **Manikandan, K.** (2015). Cyber Harassment and Cyber Victimization in relation to Webholism, *Guru Journal of Behavioral and Social Sciences*, 3(1), 334-345. [ISSN: 2320-9038].
41. **Manikandan, K.** (2014). Organizational Climate, Length of Teaching and Sex on Work Engagement of Higher Secondary School Teachers, *Guru Journal of Behavioral and Social Sciences*, 2(4), 295-300. [ISSN: 2320-9038].
40. Sarath, P., & **Manikandan, K.** (2014). Work Engagement and Work Related Wellbeing of School Teachers, *Selp Journal of Social Sciences*, 5 (22), 93-100. [ISSN: 0975-9999].
39. Arya Nair., & **Manikandan, K.** (2014). Work Engagement and Resilience of School Teachers, *Journal of Exclusive Management Science (November Special Issue)*, 46-52. [ISSN: 2320-866X].
38. **Manikandan, K.** (2014). Influence of Subject of Study on School Engagement in Higher Education, *ZENITH International Journal of Multidisciplinary Research*, 4(11), 187 – 194. [ISSN 2231- 5780].
37. **Manikandan, K.**, & Sreeja, G. (2014). Personality Orientation and Meaning in Life of College Students in relation to Certain Demographic Variables, *Guru Journal of Behavioral and Social Sciences*, 2(3), 253-262. [ISSN: 2320-9038].
36. Lima Raj, & **Manikandan, K.** (2014). Work Engagement among Insurance Executives in Relation to Certain Demographic Variables, *Business Sciences International Research Journal*, 2(1), 205-210, [ISSN: 2321-3191].

35. Arya Nair., Sarath, P., & **Manikandan, K.** (2014). Work Engagement and Burnout among University PG Students, *Business Sciences International Research Journal*, 2(1), 99-104, [ISSN: 2321-3191].
34. Sujisha, T. G., & **Manikandan, K.** (2014). Influence of School Climate on School Engagement among Higher Secondary School Students. *International Journal of Social Sciences and Interdisciplinary Research*, 3(6), 188-198, [ISSN 2277-3630].
33. Uma, K., & **Manikandan, K.** (2014). Parenting style as a Moderator of Locus of control, Self esteem and Academic stress among Adolescents. *Scholars World-International refereed Multidisciplinary Journal of Contemporary Research*, 2(3), 64-73, [ISSN: 2320-3145].
32. **Manikandan, K.**, & Anipriya, S. (2014). Organizational Justice, Organizational Virtuousness and Performance among Bank Employees. *SAARJ Journal on banking & Insurance Research (SJBIR)*, 3 (2), 49-62, [ISSN: 2319-1422].
31. Ramshida, A. P., & **Manikandan, K.** (2014). Cosmetics Usage and its Relation to Sex, Age and Marital Status. *International Journal of Social Sciences and Interdisciplinary Research*, 3 (3), 46-55, [ISSN: 2277-3630].
30. **Manikandan, K.**, & Ample Tom. (2013). Work Engagement and Job Attitudes of Police Officers, *Vimala International Research Journal for Humanities and Social Sciences*, 1(1), 42-50. [ISSN: 2348-4837].
29. Divya, T. V., & **Manikandan, K.** (2013). Sex, Birth Order and Employment Status as Related to Shyness among Employees. *Behavioral Scientist*, 14(2), 103-110, [ISSN: 0972-5911].
28. Uma, K., & **Manikandan, K.** (2013). Influence of Locus of Control, Self-Esteem and Sex on Academic Stress among Adolescents. *Guru Journal of Behavioral and Social Sciences*, 1 (4), 186-193. [ISSN: 2320-9038].
27. Ramshida, A. P., & **Manikandan, K.** (2013). Personality and Consumer Brand Switching. *Guru Journal of Behavioral and Social Sciences*, 1 (3), 152-160. [ISSN: 2320-9038].
26. Arya Nair., & **Manikandan, K.** (2013). Meaning in Life, Organisational Commitment and Work Engagement of Employees. *Business Sciences – International Research Journal*, 1 (2), 338-346. [ISSN: 2321-3191].
25. Vijayakumari, K., & **Manikandan, K.** (2013). School Engagement of Secondary School Students in Kerala. *Guru Journal of Behavioral and Social Sciences*, 1 (2), 112-118. [ISSN: 2320-9038].
24. Lima Raj., & **Manikandan, K.** (2013). Prevalence of Girl Child Abuse in Kerala: An Analysis. *Guru Journal of Behavioral and Social Sciences*, 1 (2), 62-69. [ISSN: 2320-9038].
23. Ramshida, A. P., & **Manikandan, K.** (2013). Counterproductive work behavior, organizational culture and organizational commitment in Relation to Perceived Organizational Variables. *ACDEMICIA, An International Multidisciplinary Research Journal*, 3(5), 29-40. [ISSN: 2249-7137].
22. Lijiya Manju, K. C., & **Manikandan, K.** (2013b). Influence of Organizational Citizenship Behavior and Organizational Justice on Counterproductive Work Behavior. *Zenith International Journal of Multidisciplinary Research*, 3(4), 217-224, [ISSN: 2231-5780].
21. Lijiya Manju, K. C., & **Manikandan, K.** (2013a). The Moderating Effect of Organizational Citizenship Behavior on Organizational Justice and Counterproductive Work Behavior. *Guru Journal of Behavioral and Social Sciences*, 1 (1), 17-24. [ISSN: 2320-9038].

20. **Manikandan, K.**, & Subramannian, K. (2013). Submissiveness, Anxiety and Maladjustment among Women. *Guru Journal of Behavioral and Social Sciences*, 1 (1), 1-7. [ISSN: 2320-9038].
19. Liji, P. G., & **Manikandan, K.** (2013). Sex role orientation and Emotional Labor among Nurses. *ACDEMICIA, An International Multidisciplinary Research Journal*, 3(3), 65 – 76, [ISSN: 2249-7137].
18. Ramshida, A. P., & **Manikandan, K.** (2013). Organizational Commitment as a mediator of Counterproductive work behavior and Organizational Culture. *International Journal of Social Sciences and Interdisciplinary Research*, 2(2), 59 – 69, [ISSN 2277-3630].
17. **Manikandan, K.**, & Sebin, P. (2013). Procrastination Behavior and Life Routines among Students in Kerala. *ACDEMICIA, An International Multidisciplinary Research Journal*, 3(1), 43 – 52, [ISSN: 2249-7137].
16. Robin Mathew John., & **Manikandan, K.** (2012). Internet Addiction and Relationship Behavior of married IT Professionals. *Selp Journal of Social Sciences*, 3(13), 29 -35. [ISSN: 0975-9999].
15. Divya, T. V., & **Manikandan, K.** (2012). Assertiveness, Locus of Control and Hostility among Adolescents. *Journal of Psychological Researches*, 56(2), 38 – 45, [ISSN: 0022-3972].
14. Divya, T. V., & **Manikandan, K.** (2012). Hostility of Adolescents in Relation to Family environment and Demographics. *International Journal of Research in Social Sciences*, 2(4), 326 – 337. [ISSN: 2249 -2496].
13. Rekha, B. R., & **Manikandan, K.** (2012). Self-Efficacy and Job Stress among Teachers: A Meta Analysis. *International Journal of Physical and Social Sciences*, 2(10), 241 – 257, [ISSN: 2249 – 5894].
12. Divya, T. V., & **Manikandan, K.** (2012). Influence of Family Environment and Self-esteem of Adolescents. *ACDEMICIA, An International Multidisciplinary Research Journal*, 2(11), 88 – 98, [ISSN: 2249-7137].
11. **Manikandan, K.** (2012). Occupational Mental health of School and College Teachers. *International Journal of Social Science and Interdisciplinary Research*, 1(11), 83 – 91 [ISSN 2277-3630].
10. Rinju George., & **Manikandan, K.** (2012). Procrastination, Self-Efficacy and Academic Achievement of Adolescents. *EXCEL International Journal of Multidisciplinary Management Studies*, 2(10), 307 – 314 [ISSN 2249 - 8834].
9. Rekha B. R., & **Manikandan, K.** (2012). Job Satisfaction, Job Attitudes and Burnout of Employees of Higher Education. *ZENITH International Journal of Business Economics & Management Research*, 2(11), 176 – 182. [ISSN 2249-8826].
8. **Manikandan, K.**, & Mary Antony, P. (2012). Anxiety, Age difference at marriage and Coping Styles of Spouses of Alcoholics. *Selp Journal of Social Sciences*, 3(11), 24 - 28. [ISSN: 0975-9999].
7. **Manikandan, K.** (2012). Organizational climate, Academic Qualification and Occupational mental Health of college Teachers. *Zenith International Journal of Multidisciplinary Research*, (ZIRAF), 2(11), 75 – 81 [ISSN: 2231 – 5780].
6. **Manikandan, K.** (2012). Loneliness in relation to Shyness and Sex. *Research Explorer (A refereed Bi Annual International Research Journal on Multidisciplinary)*, 1(1), 92 – 95.[ISSN: 2250-1940].



5. **Manikandan, K.** (2011). Influence of work experience on Job Attitudes and Mental Health. *Envisioning: Fresh Domains in Higher Education*, 1(1), 72 – 78. [ISSN: 2277-1336].
4. **Manikandan, K.** (2010). Job Attitudes, Mental Health and Certain Demographic variables in relation to Performance of Industrial workers. *Indian Journal of Community Psychology*, 6(1), 24 – 30. [ISSN: 0974-2719].
3. **Manikandan, K.,** & Jayan, C. (2008). Job Attitudes and Mental Health of Private and Public Sector employees. *The Psychespace*, 2(2), 31 – 34.
2. **Manikandan, K.,** & Jayan, C. (2006). Influence of Age on Job satisfaction, Job Involvement, Organizational Commitment and Mental Health. *Indian Psychological Review*, 66(4), 171 – 178. [ISSN: 0019-6215].
1. Kunhikrishnan, K., & **Manikandan, K.** (1992). Sex difference in Locus of control. An analysis based on Calicut L.O. C Scale. *Psychological Studies* 37(2&3), 121 – 125.

### Books Published/Edited

1. **Manikandan, K.,** Fathima Bushra Saliha, K. P., Nouzia Noordeen., & Firdousia Akbar. (Ed). (2016). *Innovative Researches in Psychology*, Department of Psychology, University of Calicut, Kerala.

### Chapters in Books

4. Rekha B. Ravindran, & **Manikandan, K.** (2019). An Intervention Package for Enhancing Academic Competence among Open School Adolescents. In M. Tripathy (Eds), *Trends in Sociology, Psychology and Anthropology, Volume 1*, New Delhi: AkiNik Publications.
3. Maryantony, P., & **Manikandan, K.** (2018). Juvenile Sex Offenders: An Exploratory Study. In N. Tanwar., & Ravith, (Eds), *Research Trends in Multidisciplinary Research, Volume 1*, New Delhi: AkiNik Publications
2. Saheera, K. T., & **Manikandan, K.** (2016). Academic Engagement and Psychological Well-being of Higher Secondary School Students. In S. Aleem & N. Iqbal (Eds). *Positive Vistas on Health and Well-Being*. New Delhi: Excel India Publishers, pp 143 – 153. [ISBN: 978-93-85777-34-9].
1. Rekha B. R., & **Manikandan, K.** (2012). Counselling Needs of Open School. In P. Rmalingam. & P. A. Baby Shari (Ed). *School Psychology: Counseling Perspectives*. Puduchery, India, Puduchery Cooperative Book Society. [ISBN: 81-87299-67-3].

### Research Instruments Developed

18. Marriage Readiness Scale (2018), Co-Author Shemila
17. Religiosity Scale (R) (2018).
16. Work Stress Scale (2018), Co-Author Sarath, P.
15. Psychological Distress Scale (PDS) (2015).
14. Self-Confidence Scale (2015).
13. Brief Psychological Wellbeing Scale (2015).
12. Academic Stress Inventory (2014), Co-Author, Miss Uma, K.
11. Brief Self-Esteem Inventory (2014), Co-Author, Miss Uma, K.
10. Brief COPE Scale (2014), Co-Author, Miss Uma, K.
9. Parenting Styles Inventory (2013), Co-author, Miss Divya, T. V.
8. Assertiveness Scale (2012), Co-author, Miss Divya, T. V.
7. Submissive Behavior Inventory (2012), Co-author, Mr. Subramannian



6. Sex Role Inventory (2012), Co-author Miss. Liji, P. G.
5. Calicut University Procrastination Inventory (2012). Co-author, Mr. Sebin, P.
4. Family Environment Scale (2011), Co-author Miss Divya, T. V.
3. Loneliness Inventory (2009).
2. Shyness Inventory (2009).
1. Job Involvement Scale (2002).

### **PhD. Degree Awarded/Submitted Under the Supervision**

8. Psycho-social correlates of Cancer Survivorship: An Exploration – Saheera, K. T., Department of Psychology, University of Calicut (2021)
7. Family environment, School Climate and Locus of control as Correlates of Psychological Hardiness and School climate – Sujisha, T. G. Department of Psychology, University of Calicut (2019).
6. Juvenile Sex Offending, Psychological indicators and Remedial Issues-Mary Antony, P. Department of Psychology, University of Calicut (2019).
5. Organizational Culture, Work Engagement, Work culture and Performance of Industrial employees in Kerala – Sarath P. Department of Psychology, University of Calicut (2018).
4. Academic Stress and Coping Styles in Relation to Certain Psychological variables among Adolescents – Uma, K. Department of Psychology, University of (2018).
3. Organizational Commitment, Meaning in Life, and Risk taking behavior on Work Engagement of Defence Officers – Arya Nair, Department of Psychology, University of Calicut (2017).
2. Strategies and Management of Mental Health of Adolescence – Rekha B. Raveendran, Department of Psychology, University of Calicut (2017).
1. Hostility Management Protocol and Evaluation of the Effectiveness of management Programme – Divya, T. V. Department of Psychology University of Calicut, (2017).

### **M. Phil. Degree Awarded Under the Supervision**

23. Psychological Capital, Emotional Intelligence and Career Decision Self-Efficacy in relation to Career Maturity among College Students, Amritha Alex., Department of Psychology, University of Calicut (2022).
22. Role of Career Adjustment, Career Motivation, and Self-Esteem on Happiness at Work among working Early Adults, Naila, P., Department of Psychology, University of Calicut (2022).
21. Work volition, Career Adaptability, Perceived Organizational Support, Job Satisfaction and Psychological well-Being among Working adults during Covid-19 Pandemic, Kallu Sajeev, Department of Psychology, University of Calicut (2022).
20. Work Family conflict and Perception of Work From Home among IT Professionals working in India, Anu Sherin Jose., Department of Psychology, University of Calicut (2022).
19. Career engagement, Career Decision Making and Career Preferences of Kerala Unemployed Youth, Anuvinda, M. K., Department of Psychology, University of Calicut (2022).
18. Career Preference, Work value and Optimism among Job Seekers, Sunaina M. Sulaiman., Department of Psychology, University of Calicut (2022).

17. Predictors of School Engagement. Mufeeda Farsana, A., Department of Psychology, University of Calicut (2019).
16. Psychological Distress among Entrance coaching aspirants: The role of Locus of Control and Social support. Athira, T. K., Department of Psychology, University of Calicut (2018).
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8. Personality Characteristics, Psychological distress and Psychosocial Problems of Obese Persons, Saheera, K. T. Department of Psychology, University of Calicut, (2015).
7. Cyber Harassment and Cyber Victimization in Relation to Webholism, Bayana Beevi, O. M. S. Department of Psychology, University of Calicut, (2015).
6. Juvenile Sex offenders: An exploratory study, Maryantoy, P. Department of Psychology, University of Calicut, (2014).
5. Organizational commitment as a Mediator of Organizational Culture and Counterproductive work Behavior, Ramshida, A. P. Department of Psychology, University of Calicut, (2012).
4. Counterproductive Behavior in relation to Organizational Citizenship Behavior and Organizational Justice. Lijiya Manju, K. C. Department of Psychology, University of Calicut, (2012).
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2. Family Care capacity of Muslim women: A Socio-Psychological Study with reference to Malappuram district. Vinayakumar, M. Madurai Kamaraj University, Madurai. (2010).
1. Analysis of attitudinal differences among plus two and degree students, Faizal, K. Madurai Kamaraj University, Madurai, (2005).

### **Research guidance**

Supervised more than 100 Masters Thesis and 23 MPhil Thesis.

At present supervising Eight (8) Research Scholars in the Department of Psychology, University of Calicut.

### **Research Projects Undertaken**

1. Community Disability Management and Rehabilitation Programme (CDMRP)- Ongoing Project, Funded by Social Justice Department, Government of Kerala (2015 – till date)
2. Community based early identification of Learning disability, Research Project funded by Social Justice Department Government of Kerala, 2019.
3. Organizational climate and Occupational Mental Health of College teachers. *Minor Research project funded by UGC 2009.*

Sd/

**Prof. (Dr.) K. Manikandan**