

Ramshida A.P.  
Safar  
Koya Road  
P.O.West Hill  
Calicut-673005  
Mobile:09895649334, 09769249921  
Email:ramshidakoya@gmail.com

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“Thinking about thinking” is principle ingredient in the practice of education because the future of world lies in classrooms. I am a passionate learner and teacher with areas of interest in Educational Psychology, Research, Cultural psychology and Critical psychology. I do have keen interest in multi-disciplinary approaches.

### **Educational qualification**

- Ph.D in Psychology, thesis entitled “Marriage as a Social Institution: A Psycho-cultural study on Women”, University of Calicut, 2020.
- M.Phil qualified with A grade, University of Calicut, 2012.
- M.Sc Applied Psychology, First Rank holder with distinction, University of Calicut, 2007-2009.
- B.Sc Psychology, Prajyoti Niketan College, Thrissur.
- UGC-NET Qualified,2012
- Maulana Azad National Fellowship JRF/SRF, 2011.

### **Professional credentials**

- Working as Assistant Professor on contract basis (hourly) at Department of Psychology, University of Calicut.
- Worked as Psychologist for a year in a clinic from 2009-2010.
- Worked as School Psychologist from 2012-2013.
- Attending cases at the Department of Psychology, University of Calicut.
- Resource person for Life skill training organized by Quality of life team, National Cancer Care Centre for Research (NCCCR), Hamad Medical City, Qatar.
- Participated as a resource person for District Level Training on Learning Disability conducted by DIET Palakkad.
- Resource person at Training for trainers programme at M S Swaminathan Research Foundation.

- Conducts workshops adopting the theatre of oppressed methodology.
- Conducts training programme for adolescents on career guidance, stress management, memory enhancement, relaxation techniques and how to face exams.
- Conducts training programme and workshops for parents and teachers especially on effective parenting, life skill development and communication skills.
- Conducted an exhibition at Govt. Poly technique, Vadakara.
- Internship at Government Mental Health Care at Westfort, Thrissur, Kerala.
- Internship at Hindustan Petroleum Corporation Limited (HPCL), Mumbai on a project for Implementation of Balanced Scorecard.
- Trained in Online learning management system- Moodle.

### **Research instrument developed**

- Constructed a test to assess the aptitude in verbal reasoning. A Malayalam version of Differential Aptitude Test (2009).
- Constructed a Consumer Behaviour Survey (2009).
- Constructed a test to assess the effectiveness of Balanced score card implemented in different organizations (2009).
- Developed a counterproductive Work Behavior index (2011).

### **Research articles published**

- **Ramshida A.P., & Sasidharan T.** (2019). Premarital counseling and practices: An exploration. *Zenith international journal of multidisciplinary research*,9(4).
- **Ramshida A.P., & Sasidharan T.** (2015). Matrimonial Advertisements in Malayalam Newspapers: A Social Psychological Analysis.*Journal of international academic research for multidisciplinary*,3(11).
- **Ramshida A.P., & Lijiya Manju K.C. & Sasidharan T.** (2014). What Parents and Teachers Should Not Do: Perception of a lower primary Student. *Zenith international journal of multidisciplinary researches*,4(4).
- **Ramshida a.p., & manikandan, k.** (2014). Cosmetic usage and its relation to sex,age and marital status,*International Journal of Social Sciences and interdisciplinary Research*, 3(3).
- **Ramshida A.P., & Manikandan, K.** (2013).Counterproductive work Behaviour, Organizational culture and organizational commitment in relation to perceived organizational variables, *South Asian Academic Research Journal* , 3 (5).

- **Ramshida A.P., & Manikandan, K. (2013).**Personality and Consumer Brand switching, *Guru Journal of Social Sciences*,1(3).
- **Ramshida A.P., & Manikandan, K. (2013).**Organizational Commitment as a mediator of Counterproductive work behaviour and Organizational culture, *International Journal of Social Sciences and interidisciplinary Research*, 2(2).

### **Citations**

- A total of 29 citations, including h- index and i10-index by National and International journals.

### **Paper presented in national/international seminars**

- Presented a paper entitled as “Premarital counseling and practices: An exploration” in the 3<sup>rd</sup> International conference by Department of Psychology, Pondichery University and 6<sup>th</sup> InSPA International Conference, 2016.
- Presented a paper entitled as “Matrimonial Advertisements in Malayalam Newspapers: A Social Psychological Analysis” at UGC sponsored National seminar on “Professionalizing Psychology in India new trends and practices” organized by Department of psychology, Kuriakose Elias College, Kottayam,2015.
- Presented a paper entitled as “**What Parents and Teachers Should Not Do: Perception of a lower primary student**” in the Indian school psychological association second national conference on “school psychology: mental health challenges” organized by Department of psychology, university of Calicut, 2012.

### **Awards Received**

Best paper award at Indian School Psychological association National Conference,2012.

### **Academic project**

- M.Phil dissertation entitled “Organizational commitment as a mediator of organizational culture and counterproductive work behaviour”.
- M.Sc dissertation entitled “Personality and Consumer Behaviour:Cosmetic Brand Preference”.

