



UNIVERSITY OF CALICUT
DEPARTMENT OF PSYCHOLOGY

THEME DANCE

In connection with

WORLD MENTAL HEALTH DAY

October 8, 2021 | 4:30 PM
South Beach, Calicut





WORLD
MENTAL
HEALTH
DAY



Webinar on

MENTAL HEALTH DURING PANDEMIC



Google Meet

2021 October 11 Monday @ 3.00 PM



SESSION

Dr. NEETHU LAL. V

(CLINICAL PSYCHOLOGIST)

Assistant Professor
Department of Psychology
University of Calicut

Department of Psychology, MIC Arts & Science College, Athanikkal



Psychological Counselling Centre
School of Behavioural Sciences
Mahatma Gandhi University



3 day Webinar series on:

Self-care



11-13 Oct 21
6 PM



Presidential Address



Dr. P.T. Baburaj
Professor and HOD
School of Behavioural Sciences
Mahatma Gandhi University

Day 1: Nurturing yourself



Dr. Neethu Lal V
Assistant Professor
Department of Psychology
University of Calicut

Day 2: Mindfulness in and as self-care



Dr. S Krishnan
Prof. & HOD
Department of Psychiatry,
Medical College, Alappuzha

Day 3: Self-care: Culture and happiness dilemma



Dr. Tissy Mariam Thomas
Assistant Professor
Department of Psychology
University of Kerala

Awareness is the key



State yo

New rule was intr

BIJU GOVIND
KOZHIKODE

Fearing loss of revenue, Kerala seems to be delaying the implementation of the BH series registration vehicles rolled out by the Union Ministry of Road Transport recently.

The new rule was introduced on August 28 and registration for the plates commenced on September. Anyone who is a government or public sector undertak employee in the State Centre is eligible to register his vehicle. An employee company in the private for that has offices in at least four States or Union Territories is also eligible to get BH number on voluntary basis.

Like several counterparts including neighbouring nataka, the Kerala Government wrote to the Ce



NIRBHAYAM

A WOMEN SAFETY INITIATIVE BY KERALA POLICE

In association with

DEPARTMENT OF PSYCHOLOGY



The app is designed as an emergency police help solution for women when they are in an emergency or in critical situation.

Features Available In The APP

1. User Can Send SOS message Along with Location by Pressing HELP button for 5 seconds.
2. User Can Send Text Message Along With Location.
3. User Can Send Photo Along With Location.
4. User Can Send Audio Along With Location.
5. User Can Send Video Along With Location



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സ്ത്രീ സുരക്ഷയ്ക്കായി കേരളാ പോലീസ് ഒരുക്കിയ 'നിർഭയം' ൽ പങ്കാളികളാവുക

POLICE COMMISSIONERATE KOZHIKODE

DEPARTMENT OF PSYCHOLOGY
UNIVERSITY OF CALICUT

IDIOMS OF RESILIENCE: MENTAL HEALTH AND MIGRATION IN INDIA

IN CONNECTION WITH WORLD MENTAL HEALTH DAY



Dr. Raghu Raghavan

Professor of Mental Health
Director of Mary Stacey Research Centre,
De Montfort University UK

OCTOBER 10- 2021
2PM 

SUICIDE PREVENTION DAY OBSERVATION 2021



COMMUNITY CIRCLE

PANEL DISCUSSION ON CREATING HOPE THROUGH ACTION

PANELIST



DR. NEETHU LAL V

ASST. PROFESSOR,
DEPARTMENT OF PSYCHOLOGY,
UNIVERSITY OF CALICUT.

PANELIST



DR. JOMON JOY

ASST. PROFESSOR,
DEPARTMENT OF PSYCHOLOGY,
FAROOK COLLEGE.

PANELIST



ANWIN SOYE

PSYCHOLOGIST,
LOUIS MOUNT HOSPITAL,
CHERNALODE, WAYNAD.

PANELIST



AKASH MOHAN (HE/HIM)

PSYCHOLOGIST AND
CLERICAL AFFIRMATIVE COUNSELLING
PRACTITIONER

MODERATOR



SONU S DEV

CLINICAL PSYCHOLOGIST
DEPT. OF CLINICAL PSYCHOLOGY,
IMHANS CALICUT.



10 SEP 2021

7PM



MORE DETAILS

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Reach us on
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Department of Psychology University of Calicut

World Environment Day celebrations

Special Webinar



Eco-restoration Strategies



Prof. (Dr.) C. C. Harilal
Professor
Division of Environmental
Science
Department of Botany
HOD Environmental Science
University of Calicut

4th June 2021, Friday at 3.00 pm
Platform Google meet

